'Australian Wilderness Skills', by Robert Rankin, Robert Rankin Publishing, illustrated by Susan Rankin, 200pp, $7.95. A book for you outdoor types who feel the need to pit your wits against nature and the elements. Some of the subjects covered include equipment and food, camping techniques, navigation, fitness and survival. Mr Rankin obviously knows his stuff and draws on years of experience in passing on this knowledge in his book. It is easy to read and has many drawings (of a funny little caveman and dragons) to illustrate the message.